

NATIONAL HOTLINES

You or someone you know could be in crisis and don't know where to turn, please use one of the many hotline numbers below. They are available to 24/7 and are 100% confidential and free.

Abuse

National Sexual Assault Hotline 1-800-656-HOPE (4673)

Stop it Now! 1-888-PREVENT

National Child Abuse Hotline 1-800-4-A-CHILD (422-4453)

Child Abuse National Hotline 1-800-25ABUSE

Children in immediate danger 1-800-THE-LOST

Exploitation of Children 1-800-843-5678

Addiction

Marijuana Anonymous 1-800-766-6779

Alcohol Treatment Referral Hotline (24 hours) 1-800-252-6465

Cocaine Hotline (24 hours) 1-800-262-2463

Drug Abuse National Helpline 1-800-662-4357

National Association for Children of Alcoholics 1-888-554-2627

Ecstasy Addiction 1-800-468-6933

Don't know where to start? Dial **2-1-1** on your phone to be connected with the national human service call center.

Crisis Text Line: **TEXT HELLO TO 741741**

Domestic Violence

National Domestic Violence Hotline 1-800-799-SAFE

National Domestic Violence Hotline Spanish 1-800-942-6908

Battered Women and their Children 1-800-603-HELP

Elder Abuse Hotline 1-800-252-8966

Family Violence Prevention Center 1-800-313-1310

Suicide

Suicide Hotline 1-800-SUICIDE (784-2433)

1-800-273-TALK (8255)

Suicide Prevention Hotline 1-800-827-7571

Deaf Hotline 1-800-799-4TTY

LGBTQIA+

Helpline: 1-800-398-GAYS

Gay and Lesbian National Hotline 1-888-843-4564

Trevor Hotline (Suicide) 1-866-4-U-TREVOR

For more phone numbers visit:

- <https://www.pleaselive.org/hotlines>
- <https://www.apa.org/topics/crisis-hotlines>
- <https://www.mass.gov/service-details/crisis-hotlines>